



2025 VISAA GIRLS LACROSSE ALL STATE TEAMS

DIVISION I		DIVISION II	
First Team		First Team	
Player	School	Player	School
Amory Imperatore	The Potomac School	Delaney Poindexter,	The Covenant School
Player of the Year		Kayleigh Breslin	The Covenant School
Emily Alperstein	St. Stephen's and St. Agnes School	Sarah Carson	Nansemond-Suffolk Academy
Brooke Ambrose	The Potomac School	Millie Chopski	North Cross School
Betsy Clarke	Collegiate School	Cece Corbey	The Covenant School
Raleigh Foster	St. Anne's-Belfield School	Frances Fenton	Virginia Episcopal School
Lillian Israel	St. Stephen's and St. Agnes School	Kate Flippin	Virginia Episcopal School
Caitlin Jarvis	The Potomac School	Peyton Garber	The Covenant School
Harper Jensen	St. Stephen's and St. Agnes School	Afton Helmick	Highland School
Lee Kestner	St. Anne's-Belfield School	Finley House	Nansemond-Suffolk Academy
Ashton Kilfoil	St. Anne's-Belfield School	Carrington Kincel	The Covenant School
Stuart King	St. Anne's-Belfield School	Ellen Lewis	Virginia Episcopal School
Chloe Lambert	St. Stephen's and St. Agnes School	Ella Epps Perrow	Virginia Episcopal School
Catherine LeTendre	The Potomac School	Kerrigan Poindexter	The Covenant School
Stella Pence	The Potomac School	Liza Pridgen	Cape Henry Collegiate
Kennedy Richardson	Collegiate School	Flora Warr	Foxcroft School
Celie Shield	Collegiate School	Cate Wells	Norfolk Collegiate
Alexa Stone	Bishop Ireton High School		
Emma Sweeney	St. Paul VI Catholic High School		
Second Team		Second Team	
Player	School	Player	School
Sanaa Baldwin	Episcopal High School	Justine Altmeyer	Cape Henry Collegiate
Hadley Booth	St. Anne's-Belfield School	Anna Carpinelli	The Steward School
Cooper Cutchins	Norfolk Academy	Julia Cephas	North Cross School
Anya Everett	Episcopal High School	Ava Clark	Virginia Episcopal School
Allison Hankins	St. Anne's-Belfield School	Lindsey Coureas	Cape Henry Collegiate
Kate Hare	Bishop Ireton High School	Paige Dowd	Nansemond-Suffolk Academy
Laney Jensen	St. Stephen's and St. Agnes School	Cara Hamil	The Covenant School
Kelsey Kirkeide	St. Anne's-Belfield School	Charlotte Hellewell	Virginia Episcopal School
Bella Little	Collegiate School	Lulu Knisley	Foxcroft School
Kate McCrocklin	Bishop Ireton High School	Kalley McNish	The Covenant School
Maddie Moore	St. Stephen's and St. Agnes School	Morgan Lynn	The Covenant School
Carlee Mullins	St. Catherine's School	Fiona Parnell	North Cross School
Caitlin Musolino	Bishop O'Connel High School	Kasey Rountree	Nansemond-Suffolk Academy
Meghan Norko	Saint John Paul The Great Catholic High School	Grace Shepherd	North Cross School
Annie Reed	Collegiate School	Celine Waddy	Nansemond Suffolk Academy
Campbell Rowe	Trinity Episcopal School		
Charlotte Smith	St. Catherine's School		
Maris Smutz	Collegiate School		
Riley Walters	The Potomac School		
Coach of the Year		Coach of the Year	
Claire Berg	The Potomac School	Colleen Norair	The Covenant School